

**Winfield Middle School Quad
Track and Field Invitational
Held at Southwestern College**

Date: Thursday, April 8, 2021

Times: 3:15 p.m. Coaches meeting – Press Box
3:45 p.m. High Jump – please scratch at the event
4:15 p.m. All other field events, 3200 m run (8th grade), 1600m run (7th grade)
5:15 p.m. Running Events

Schools: Arkansas City, Ark City Christian Academy, Wellington, Mulvane, and Winfield

Divisions: 7G, 7B, 8G, 8B

Entries: Four entries per school per event and each athlete can do a maximum of 4 events. Each school will be allowed two relay teams per event. **There will be NO preliminaries, finals only. In the shot, discus, and long jump three (3) attempts will be used.** In the high jump ties will be broken as per KSHSAA regulations. **Entry deadline April 7, 9:00pm** on *mile split*.

Entry Fee: \$100

Surface: Our track is a polyurethane surface and out approaches to the high jump and long jump pits are also the same. The shot and discus rings are also the same surface.

Spikes: ¼" spikes or smaller on all rubberized surfaces

Distance track: All events will be measured in meters.

Distance Field: All events will be measured in feet and inches to the nearest lesser inch for discus. For long jump, high jump, and shot put it will be measured to the nearest lesser ¼ inch.

Concession Stand: There will be a concession stand at the meet South of the track.

Restroom: Located South of the track.

Scoring: Individual scoring.....6-4-3-2-1 Relay scoring.....6-4-2

Meet Results: No medals, results will be online immediately following the meet

Regulations: Rules and regulations of the KSHSAA will apply in all events and in the running of the meet. A Games Committee will be formed at the coaches meeting. Please direct your concerns to the meet director and then the committee will meet in the center of the football field to discuss the matter at hand.

Team Camps: Camps are to be set up OFF the football field and in the bleachers. Teams must clean up their area after the meet. Only athletes warming up or participating will be allowed on the football field. Please do NOT camp out on the field.

Severe Weather: Please follow PA directions in the case of severe weather

Bus Parking: Buses are to park East of the White PE building or along the street.

Field Events: High Jump 3:45 p.m. all others start at 4:15 p.m.

High Jump: 7G, 8G, 7B, 8B – North end of the track
Long Jump: East Pit – 7B followed by 7G
West Pit – 8B followed by 8G
Shot Put: 8G, 7G, 8B, 7B
Discus: 7B, 8B, 8G, 7G
Pole Vault: We hope to have PV depending on numbers
Running Event: 4:15 p.m. 3200 M Run (8th Grade only – run together)
1600 M Run (7G, 7B)

Running Event: 5:15 p.m. No Preliminaries – Finals Only

100 M Hurdles (30")	7G, 7B, 8G, 8B (33")
100 M Dash	7G, 7B, 8G, 8B
1600 M	8G, 8B
4x100 M Relay	7G, 7B, 8G, 8B
400 M Dash	7G, 7B, 8G, 8B
4x200 M Relay	7G, 7B, 8G, 8B
800 M Run	7G, 7B, 8G, 8B
800 M Medley Relay	7G, 7B
1600 M Medley Relay	8G, 8B
200 M Hurdles	7G, 7B, 8G, 8B
200 M Dash	7G, 7B, 8G, 8B
4x400 M Relay	7G, 7B, 8G, 8B

Bad Weather Plan

WMS Track and Field

TORNADO

When the tornado sirens sound athletes and coaches will be moved to the White PE building, which is SE of the track.

LIGHTENING

In case of lightening or thunder in or around the vicinity, athletes and students will go to the White PE building. Spectators will be encouraged to return to their vehicles. We will then wait for the mandatory 30 minutes, upon completion of the 30 minutes we will reassess the situation. If the storm is still around the track area then we will wait for another 30 minutes. If the storm is severe enough to dismiss athletes and coaches, the meet will be rescheduled for a later date to be determined by the Winfield Middle School Athletic Director.